

## Clinical Pharmacokinetics

### Clinical Pharmacokinetic Equations and Calculations

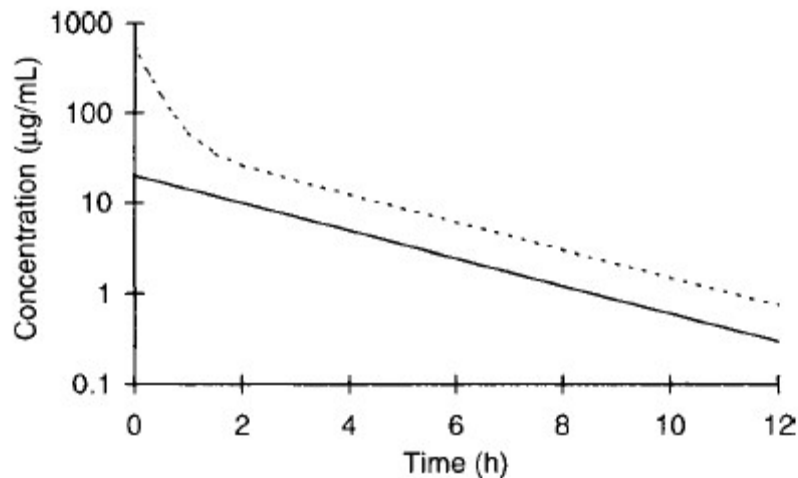
#### One-compartment model equations for linear pharmacokinetics

##### 1. Intravenous Bolus Equation

- When a drug is given as an intravenous bolus and the drug distributes from the blood into the tissues quickly, the serum concentrations often decline in a straight line when plotted on semilogarithmic axes.

$$C = (D/V)e^{-k_e t}$$

- Most drugs given intravenously cannot be given as an actual intravenous bolus because of side effects related to rapid injection. A short infusion of 5–30 minutes can avoid these types of adverse effects, and if the intravenous infusion time is very short compared to the half-life of the drug so that a large amount of drug is not eliminated during the infusion time, intravenous bolus equations can still be used.



- Pharmacokinetic parameters for patients can also be computed for use in the equations. If two or more serum concentrations are obtained after an intravenous bolus dose, the **elimination rate constant**, **half-life** and **volume of distribution** can be calculated.

$$k_e = 0.693/t_{1/2}$$

- The elimination rate constant can be computed using the following equation:

$$k_e = -(\ln C_1 - \ln C_2)/(t_1 - t_2)$$

where  $t_1$  and  $C_1$  are the first time/concentration pair and  $t_2$  and  $C_2$  are the second time/concentration pair

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- The volume of distribution can be calculated by dividing the dose by the serum concentration at time = 0.

$$\tilde{V} = D/C_0$$

### 2. Continuous and Intermittent Intravenous Infusion Equations

- Some drugs are administered using a continuous intravenous infusion, and if the infusion is discontinued the serum concentration/time profile decreases in a straight line when graphed on a semilogarithmic axes.
- one compartment model intravenous infusion equation can be used to compute concentrations (C) while the infusion is running:

$$C = (k_0/Cl)(1 - e^{-k_e t}) = [k_0/(k_e V)](1 - e^{-k_e t})$$

where  $k_0$  is the drug infusion rate (in amount per unit time, such as mg/h or  $\mu\text{g}/\text{min}$ ),  $Cl$  is the drug clearance (since  $Cl = k_e V$ , this substitution was made in the second version of the equation),  $k_e$  is the elimination rate constant, and  $t$  is the time that the infusion has been running.

- If the infusion is allowed to continue until steady state is achieved, the steady-state concentration ( $C_{ss}$ ) can be calculated easily:

$$C_{ss} = k_0/Cl = k_0/(k_e V)$$

- If the infusion is stopped, postinfusion serum concentrations ( $C_{\text{postinfusion}}$ ) can be computed by calculating the concentration when the infusion ended ( $C_{\text{end}}$ ) using the appropriate equation in the preceding paragraph, and the following equation:

$$C_{\text{postinfusion}} = C_{\text{end}} e^{-k_e t_{\text{postinfusion}}}$$

$t_{\text{postinfusion}}$  is the postinfusion time ( $t_{\text{postinfusion}} = 0$  at end of infusion and increases from that point).

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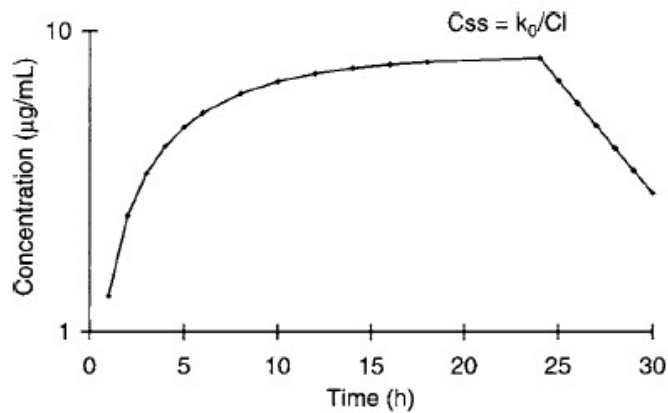
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- The volume of distribution (V) can be computed using the following equation:

$$V = \frac{k_0(1 - e^{-k_e t'})}{k_e [C_{\max} - (C_{\text{predose}} e^{-k_e t'})]}$$

where  $k_0$  is the infusion rate,  $k_e$  is the elimination rate constant,  $t'$  = infusion time,  $C_{\max}$  is the maximum concentration at the end of infusion, and  $C_{\text{predose}}$  is the predose concentration.



**FIGURE 2-5** If a drug is given as a continuous intravenous infusion, serum concentrations increase until a steady-state concentration ( $C_{ss}$ ) is achieved in 5–7 half-lives. The steady-state concentration is determined by the quotient of the infusion rate ( $k_0$ ) and drug clearance ( $Cl$ ):  $C_{ss} = k_0/Cl$ . When the infusion is discontinued, serum concentrations decline in a straight line if the graph is plotted on semilogarithmic axes. When using  $\log_{10}$  graph paper, the elimination rate constant ( $k_e$ ) can be computed using the following formula: slope =  $-k_e/2.303$ .